



NUI Galway
OÉ Gaillimh

NEVER STOP
LEARNING

PHILOSOPHY
FILM STUDIES

HISTORY

LITERATURE
LANGUAGE

NEWS MEDIA
ARCHAEOLOGY

SHORT COURSES SERIES

SHORT COURSES START WEEK OCTOBER 2ND 2017

Monday 7-9 pm

Introduction to Genealogy
Introduction to Western Philosophy
Understanding News Media


Tuesday 7-9 pm

Brush up your German
Beginners Italian
Introduction to Herbs and Nutrition
Introduction to Screenwriting
Introduction to Astronomy
Introduction to Russian
Appreciation of Poetry

Wednesday 7-9 pm

Irish Literature
Russian Literature
Brush up your French
Brush up your Spanish
Contemporary Philosophy

Thursday 7-9pm

Art History
Brush up your Italian
Creative Writing
World Cinema
The French Revolution 
Ancient Greece and Rome
The Artefacts and Archaeology
of Prehistoric Ireland

Saturday 10-4 pm

Introduction to the Alexander
Technique

The Centre for Adult Learning and Professional Development continues to offer its Short Courses Series commencing October 2017. Courses consist of 8 weeks of lectures in a number of general interest areas including Literature, Writing, Film Studies, Philosophy, History, Languages, Astronomy and many others. These courses are particularly suitable for candidates who have never had an opportunity to study a particular subject area before and wish to gain a deeper insight into a discipline that already interests them. Whatever your motivation, you are sure to meet interesting people to discuss your ideas with, find out more about your subject area and also experience the world of lifelong learning. You are encouraged to browse through the short courses on offer and to contact the Centre for Adult Learning and Professional Development at the number provided if you require any further details.

STARTING DATE

Classes begin the week commencing 2 October 2017 on the designated nights.

Class duration is normally 7.00pm – 9.00pm, unless otherwise stated. Details of venues along with a confirmation of dates and times will be sent to you on receipt of your application form.

COURSE FEE:

€120 per course

A discounted course fee of €85 is available for senior citizens and for students currently in receipt of social welfare support from the Department of Social Protection. In order to avail of this discount, applicants must provide documentation regarding their status along with their application form.

Cheques should be made payable to NUI Galway. Alternatively, you may register in person at the Centre for Adult Learning and Professional Development. Registration must be completed (including fee payment) before Wednesday 27 September 2017.

Courses are run subject to a minimum number of enrolments. In the event of students cancelling from a course, the University accepts no obligation to refund any fees or part thereof. However, in exceptional cases students may appeal (in writing) to the Centre for Adult Learning and Professional Development for a refund. Requests will be dealt with on a case-by-case basis. It is in this regard that applicants are requested to inform themselves of the content of the programme before enrolment.

COURSE FACTS

Course Fee: €120 per course

How to Apply:

Apply online or complete the application form at the end of the brochure.

**Short Courses Series 2017
Centre for Adult Learning &
Professional Development
NUI Galway**

Tel 091 494055

www.nuigalway.ie/adultlearning



03 HISTORY ARCHAEOLOGY

HISTORY

MONDAY: Bríd Higgins

Introduction to Genealogy

Many of us are now interested in starting our own family tree / genealogical research. There is nothing more rewarding than finally stumbling upon those elusive ancestors, or discovering you have additional branches to your family that you did not know existed. There is a sense of excitement attached to this ever increasing interest and hobby. It is almost a compulsion of sorts to want to continue on your quest to find more and more family relatives. This course in genealogy is aimed at the beginner in family history research and will introduce the fundamental steps you need to undertake your family tree. It will guide you to sources that you will need to research to start your own tree. It begins by defining primary and secondary sources and explains the administrative divisions used in the past the most primary sources were based upon. The different primary genealogical sources are then examined: Census Records, Church Records, Civil Records, Land Records, Folklore/Oral History and Newspapers. The course will also include information on researching online and the sources contained in the local and national repositories.

TUESDAY: Dr Mark Phelan

The French Revolution, 1789-1815

This short course outlines the trajectory of the French Revolution from its inception (1789) through to the final defeat of the Napoleonic Empire (1815). Sweeping away a defective Ancient Régime legitimised by the “absolute” power of the Bourbon dynasty, the revolution heralded a new era of “Liberty, Equality, Fraternity” for the people of France. In turn, however, the revolutionaries extemporised a reign of terror that included a bloody civil war and the infamous work of Madame Guillotine. Thereafter, the direction and legacy of the revolution fell to the young General Bonaparte, who went on to conquer most of Europe, without necessarily upholding the democratic principles upon which his success had been founded. In addressing each of these topics in turn, this course examines the colourful history of modern France and the impact of the French Revolution on the wider European polity.

THURSDAY: Dr Chris Doyle

Foreigners and immigrants in Greek and Roman literature, art and thought

For over a thousand years, Greek and Roman literature and art portrayed foreign societies as inferior, dangerous and untrustworthy, while simultaneously trading and interacting with them. To the Classical mind, foreigners were to be feared, militarily and culturally. Foreigners were considered uncivilized barbarians, yet these so-called barbarians were pivotal in influencing Greek and Roman social, cultural, and religious change. Racist images of the barbarian “other” persevered in Classical literature, law, coinage, inscriptions, and art, and was often used as propaganda for war or political gain. This course examines the origins and development of stereotypical representations of a host of different ethnicities – Irish, Persians, Africans, Germans, Celts, Slavs, Arabs – and assesses their contribution (positive and negative) to Greco-Roman civilization.

ARCHAEOLOGY

THURSDAY: Dr Noel McCarthy

The Artefacts and Archaeology of Prehistoric Ireland

Spanning the millennia from c.8000 BC to AD 500, this course will identify and discuss the developments in society and technology that occurred through the prehistoric period of Ireland's past. Using the artefacts and archaeology of the time, a range of subjects will be discussed. The course will begin with the arrival of people into Ireland after the last Ice Age and their use of early stone tools, through to the construction and use of megalithic monuments. Metal will be viewed with regard to the use of these new materials, the development of particular artefact styles, as well as the changing role of objects and individuals in society. The masterworks of the Bronze Age goldsmiths will be viewed in light of their form and function, as will the monuments constructed during the period. Changes in society throughout prehistory will also be analysed; particularly regarding attitudes toward the physical landscape, the construction of spectacular ritual monuments and the rise of powerful elites.

LANGUAGES

TUESDAY: Ludmila Snigereva

Introduction to Russian

This course is suitable for students who may have some or no knowledge of Russian. It will focus on the Russian alphabet, the ability to read simple texts and asking and answering questions based on everyday situations. A variety of learning activities will be used throughout the course which will expand your vocabulary and develop your communication skills. If you plan a trip to Russia for business or pleasure, you will not be lost! You'll be able to ask for directions, order a meal and engage in basic conversation.

TUESDAY: Anastasia Beltramello

Italian for Beginners

This informal course is intended for those who approach the Italian language for the first time, allowing you to start to communicate. No or little previous knowledge of Italian is required. The aim of this course is to enable students to feel confident in communicating in everyday situations with Italian native speakers and to give insights into the Italian culture and way of life. Among the main topics covered are greetings/introducing oneself, giving and asking for personal information, talking about work, daily routine, asking and giving directions, talking about events in the past and in the future etc. The course will also cover the main grammatical points which include the alphabet, nouns and gender, articles, regular and irregular verbs, present tense, pronouns, prepositions, adjectives, adverbs etc. Participants will be encouraged to engage in various dynamic activities such as role plays, discussions, writing compositions, reading comprehensions, pair or group work. A comfortable and enjoyable learning experience is guaranteed!

BRUSH UP YOUR

German Tuesday
French Wednesday
Spanish Wednesday
Italian Thursday

These informal courses taught by native tutors are for you if you have an advanced beginner/ intermediate level (A2/B1) in French, German, Italian or Spanish and if you want to improve your communicative skills, expand your vocabulary and if you want to learn and talk about the country's lifestyle, culture, history, politics, literature, art or music. Each week will focus on a different topic that you will prepare beforehand. A variety of tasks will be employed to revise and consolidate your prior knowledge of the language and each lesson incorporates sufficient time for feedback on grammar and pronunciation.

HOW TO APPLY

Apply online or complete the application form at the end of the brochure

www.nuigalway.ie/adultlearning

05 HISTORY OF ART FILM STUDIES

HISTORY OF ART

THURSDAY: Dr Ruby Wallis

An Analysis of the Image in the twentieth and twenty-first century

This course will provide students with an introduction to some key movements in the history of European and American Art. Over the eight-week period the aim is to build a vocabulary for the discussion of artwork made from the late 19th to the early and mid 20th century. The program will provide introductions to Impressionism, Cubism Dadaism, Surrealism, Expressionism, Women artists, and Photography. Participants will be encouraged with creative and independent thinking. The aim of the course is to develop visual literacy and awareness, as well as a range of critical and analytical skills in the discussion of the politics and aesthetics of the image. The course requires the reading and discussion of a series of accompanying texts as well as discussion of a series of short documentary films. There will also be a gallery visit scheduled during the course in order to connect to the field of contemporary visual art.

“These short courses provide a wonderful way to get into a new subject or deepen your existing knowledge”

FILM STUDIES

THURSDAY: Dr Veronica Johnson

Introduction to World Cinema

This course will examine films by some of the best directors in world cinema. It will explore the context of making films in various parts of the world including Russia, Africa, America and various European countries with a great tradition of film making including France, Sweden, Germany, Italy, Poland and Spain. Directors whose films we will explore in this course include Ingmar Bergman, Pedro Almodovar, Jean-Luc Godard, Andrei Tarkovsky and Wim Wenders amongst others. As well as analysing the great films from these directors, we will also look at the history surrounding the making of the films and the directors' personal vision.



IRISH LITERATURE

WEDNESDAY: Martin Keaveney

Introduction to Irish Literature

This carefully structured course is a general introduction to critically reading some of Ireland's best known literature in the context of a progressing Ireland and also focussing on the locations of the novels. We will begin at the turn of the 20th century with Mayoman George Moore's *The Untilled Field*, then proceed through the next century with Joyce's *Dubliners*, McGahern's *Amongst Women*, set in the midlands, and Pat McCabe's *The Butcher Boy* as a representative of Ulster. We conclude with newer works in Claire Keegan's *Foster*, set in Wexford, sunny south-east, Ann Enright's *Limerick in The Green Road*, Eimear McBride's west of Ireland background of *A Girl is a Half-Formed Thing*, and Galway's Mary Costello who provides an Irish narrator in New York. By the end of the course, participants will have read and discussed a number of Ireland's best known authors and critically analysed their geographical settings and foundations. An exciting new course which would be ideal for the literary enthusiast or anyone preparing to study English at third level.

RUSSIAN LITERATURE

WEDNESDAY: Ludmila Snigireva

What could be more dramatic than writing about the events during, as well as after Russian Revolution of 1917? One hundred years later, the course will concentrate on the centenary of this phenomenon, which shocked not only the history, but also the world of arts and literature. At the heart of every revolution is a desire to change a political regime, but the Russian Revolution effected both a political and universal human change. Bunin, Nabokov, Kuprin, Tsvetaeva, Ivanov, Teffi, Serafimovich, Grin - students will learn of the unique power of these writers' strikingly individual voices. The course promises to be a challenging experience and a journey which will allow students to appreciate the range of themes and experiences expressed through these writers, one of whom is a Nobel Prize winner.

POETRY

TUESDAY: Dr Emily Cullen

Appreciation of Poetry

Luxuriate in the power of poetic language and imagery while engaging with some of the finest poetry written since the start of the twentieth century up to the present day. This course offers an appreciation of modernist and contemporary poetry through the close reading and enjoyment of the written word. Students will learn ways to approach poems with confidence and to attune to their rich insights. In so doing they will gain a foundational knowledge of modern poetry in its cultural and historical contexts. Works by a variety of Irish and international writers, including Louis MacNiece, William Carlos Williams, Pablo Neruda, Frank O'Hara, Elizabeth Bishop, Paula Meehan and others will be explored in a lively and informal atmosphere. Some of the themes addressed include: how poetry is made; the sonnet; the villanelle and forms of rhyme; poetry in free verse; language and vision in ekphrasis; image, nature and description in the haiku; poetry of common things and the antipoetic and spoken word. Led by acclaimed poet, Emily Cullen, the course is aimed at anyone who would like to learn how to appreciate poetic imagery, rhythm, form and meaning more fully.

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07 PHILOSOPHY WRITING

WRITING

THURSDAY: Fred Johnston

Creative Writing

This course in creative writing will focus on writing fiction and prose, with an emphasis on creating a short story from idea to conception. Students will learn a number of practical writing skills including editing, restructuring of first manuscripts, exploring theme-making and plotting, settings, background and research. The course will also explore the question of "what is style" and "what are the various genres"? The development of these writing skills will be accompanied by an in-tandem exploration of several eminent writers, with an emphasis on reading. Students will be encouraged to explore questions such as "can we write a solid piece of fiction without reading" and "who are the writers that appeal to us, and why"?

TUESDAY: Tim Kearney

Introduction to Screenwriting

This course offers an introduction to the principles and practice of screenwriting. In it, students will explore the craft of screenwriting and be able to express their own story ideas in a supportive and encouraging environment. Over the eight weeks, the classes will explore the basic principles of screenwriting as a creative practice and examine screen narrative as a visual medium. Student understanding of the form, and the craft involved in its practice will be developed and expressed in practical ways through screening analysis and discussion, in-class exercises and weekly assignments. This course is aimed both at those with a specific interest in film and television writing as well as those seeking a broader understanding of how screen stories work.

PHILOSOPHY

MONDAY: Dr Miles Kennedy

Introduction to Western Philosophy

Since its inception in ancient Greece philosophy has pursued fundamental questions: Why is there something rather than nothing? How do we know what we know? What is the right way to live? This introductory course which explores the birth of ideas, takes participants on a quest through the centuries from ancient to modern times and across Europe from Greece to France, Germany, Britain and Ireland. Each great era of Western philosophy presented different views on these questions and their possible answers. These views will be investigated in turn through readings and discussions so that class participants can gain a sense of the history of philosophy. This short course provides a foundation upon which the participants can formulate and discuss their own conceptions of existence, knowledge and ethics. The first step in this adventure is to realise that, as Socrates said, "The unexamined life is not worth living!" Come along and begin examining it, after all its all you have.

WEDNESDAY: Dr Miles Kennedy

Contemporary Philosophy: Thinking of Power and the Power of Thought

This course in contemporary European thought is geared toward those who have already begun reading and engaging with philosophy along with anyone interested in thinking deeply about the current world-political situation. The nature of the relationship between individual human beings and systems of power has been a central theme in contemporary thought. Beginning with Existentialism and working right through to current philosophy, participants in this course will engage in discussions of works from Jean-Paul Sartre and Simone DeBeauvoir through to Luce Irigaray and Alain Badiou. Fundamental questions of economic relations, gender relations, and political relations will be discussed based on short weekly readings from these most influential thinkers of our era.

SCIENCE

TUESDAY: Dr Matt Redman

Introduction to Astronomy

Astronomy is the oldest science and yet is still making new and fundamental discoveries. This course will form a comprehensive introduction to astronomy and requires no previous experience in science or maths. The format each week will be a lecture, richly illustrated by the latest spectacular images from the Hubble Space Telescope and other research telescopes. This is followed by a question and answer session in which the theme of the lecture, or any other topic of interest to the audience is developed further. Starting with the history of astronomy and the discovery of the solar system, the inner planets and the gas giant planets will be examined. Then, the sun is considered and compared to the other stars we see in space. Examining the evolution of stars as they form and are destroyed will help us understand the origin and destiny of the solar system, and also show how galaxies, made up of billions of stars, change over time. After considering the big bang and the universe as a whole, we return to the Earth and consider the likelihood of life on planets around other stars. This course is ideal for those with an interest in space, the night sky and our place in the universe.



NEWS MEDIA

MONDAY: Dr Deirdre McHugh

Understanding News Media

Research has shown that news media tell people, not only what issues and events to think about, but also how to think about them. Far from providing a 'mirror of reality', news media select certain stories, and exclude others, from a myriad of possible options and present them as the daily news. Both practical and political factors influence these decisions. These news stories can be presented or framed in a way that suggests to audiences how they should interpret them. Drawing on insights from media sociologists and political communications scholars, this course teaches students how to approach the news of the day from an informed and critical perspective. Concepts such as news values, journalistic norms, media framing and primary definers of news will be explored with reference to real world examples from print, broadcast and online news media sources.

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09

HEALTH AND WELL-BEING

HEALTH AND WELL BEING

TUESDAY: Margaret O'Brien

Introduction to Herbs Nutrition and Fermented Foods

Herbalism is the oldest form of medicine in the world. Ancient writings describe the medicinal uses of herbs, while in Ireland herbal practice was widespread. This course will consist of an introduction to some of the herbs that grow in Ireland, identification of such herbs, their history and folklore, and associated health benefits. There will be demonstrations and you will learn how to make several easy herbal preparations, with some hands-on experience. Examples will include herbal teas, syrups, tinctures and skincare products. There will be samples to take home, and recipes will be provided. Aspects of nutrition and the health benefits of fermented and other natural foods will also be discussed. As the saying goes "Let food be thy medicine and medicine thy food".

SATURDAY 14TH & 21ST OCTOBER (10AM – 4PM)

Richard Brennan

Introduction to Alexander Technique

The Alexander Technique is a method of self-awareness on many levels. It is very simple and can be understood by anyone, yet at the same time it is very profound; It is a way of improving balance, posture and co-ordination. It can be very useful, for example to musicians who suffer from tension problems when playing their instrument.

Many people think that the Alexander Technique involves improving posture by 'sitting up straight'. Nothing could be further from the truth. It involves being aware and releasing the unconscious tension from our body allowing us to move through life with greater ease. It can dramatically help prevent or alleviate backache, neck pain, arthritis, insomnia, depression as well as a whole range of physical aches and pains that are so common in our society today. As these tensions are released, so are many of the thoughts that hold us back from being who we truly are. Emotions that may have been trapped within our body for decades can gently and safely be released. Many people find that the Alexander Technique helps their confidence and self-esteem, spontaneity, leading to greater contentment and a deeper love of life naturally grow.

By using the Alexander Technique you will learn how to move with gravity, instead of against it, thus achieving greater ease of movement which will in turn affect your mental and emotional outlook on life; you will feel calmer, less stressed and therefore have a greater control of your own life.

'The Alexander Technique is a substantial addition to our very slender resources in personal education.'- George Bernard Shaw



SHORT COURSES SERIES APPLICATION FORM 2017

10

1. APPLICANT DETAILS

Surname: _____

First Name(s): _____

Address for correspondence (BLOCK CAPITALS)

Telephone No: _____

E-mail: _____

I enclose in respect of course fees¹.

Signature: _____

Date: _____

Application forms and fee payment (cheques/bank drafts/postal orders made payable to NUI Galway) should be returned to Ms. Berna Morgan, Short Courses Series 2017, Centre for Adult Learning and Professional Development, NUI Galway on or before 27th September 2017.

3. FOR OFFICE USE ONLY

1. Form of Payment (please tick):

Cash	<input type="checkbox"/>	Cheque	<input type="checkbox"/>	P.O.	<input type="checkbox"/>	B.D.	<input type="checkbox"/>
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2. CHOICE OF PROGRAMME

Please indicate which short course(s) you would like to register for:

- ☐ 1. The Artefacts & Archaeology of Prehistoric Ireland
- ☐ 2. Introduction to World Cinema
- ☐ 3. Introduction to Herbs, Nutrition and Fermented Foods
- ☐ 4. The Alexander Technique
- ☐ 5. Introduction to Genealogy
- ☐ 6. The French Revolution (1789-1815)
- ☐ 7. Foreigners and Immigrants in Greek and Roman Literature and Art
- ☐ 8. An Analysis of the Image in the twentieth and twenty-first century
- ☐ 9. Introduction to Russian
- ☐ 10. Beginners Italian
- ☐ 11. Brush up your Italian
- ☐ 12. Brush up your French
- ☐ 13. Brush up your German
- ☐ 14. Brush up your Spanish
- ☐ 15. Introduction to Irish Literature
- ☐ 16. Appreciation of Poetry
- ☐ 17. Russian Literature
- ☐ 18. Understanding News Media
- ☐ 19. Introduction to Western Philosophy
- ☐ 20. Contemporary Philosophy: Thinking of Power and the Power of Thought
- ☐ 21. Introduction to Astronomy
- ☐ 22. Creative Writing
- ☐ 23. Introduction to Screenwriting

FURTHER INFORMATION

Centre for Adult Learning and Professional Development
NUI Galway

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E-mail: berna.morgan@nuigalway.ie

www.nuigalway.ie/adultlearning



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